



The "Stop Blaming" Discussion Guide

Start the conversation with your doctor.

SOLQUA[®] 100/33
insulin glargine & lixisenatide injection
100 Units/mL & 33 mcg/mL

Help tame that beast of an A1c!

If you're an adult with type 2 diabetes and have been blaming yourself for having a stubborn beast of a high A1c, talk to your doctor about starting to tame it with SOLIQUA 100/33 along with diet and exercise. Because it may not be all you. It could be your diabetes pills or your current injectable medicine, too. Here are some questions you can ask to find out if SOLIQUA 100/33 may be right for you.

Questions to ask:

- 1 What is my A1c now, and what A1c should I be aiming for?

- 2 I diet, exercise, and take my diabetes medicine. Why isn't that enough to lower my A1c?

- 3 My A1c is still too high. Could this be a sign that my diabetes treatment plan may need to change?

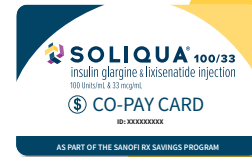
- 4 How could a treatment like SOLIQUA 100/33—which combines a long-acting insulin with a non-insulin diabetes medicine—help me tame my beast of a high A1c?

Please see additional questions on page 2



Sign up for the \$9* CO-PAY!

Eligible commercially insured people may pay as little as \$9* for a 30-day supply. Terms & conditions apply. Apply online today at: <https://www.soliqua100-33.com/savings-and-support>



*This offer is for commercially insured patients and is not valid for prescriptions covered by or submitted for reimbursement under Medicare, Medicaid, VA, DOD, TRICARE, or similar federal or state programs, including any state pharmaceutical programs. Void where prohibited by law. Savings card carries maximum savings of \$365 per pack, up to 2 packs for each 30-day supply, for the duration of the program. Savings may vary depending on patient's out-of-pocket costs. Upon registration, patient receives all program details. Sanofi US reserves the right to rescind, revoke, or amend the program without notice.

SOLIQUA 100/33 is an injectable prescription medicine that contains 2 diabetes medicines, insulin glargine and lixisenatide, which may improve blood sugar [glucose] control in adults with type 2 diabetes when used with diet and exercise.

- It has not been studied in people with a history of pancreatitis.
- It is not recommended for people who also take lixisenatide or other medicines called GLP-1 receptor agonists.
- It is not for use in people with type 1 diabetes, or people with diabetic ketoacidosis.
- It has not been studied in people who have a stomach problem that causes slow emptying [gastroparesis] and is not for people with slow emptying of the stomach.
- It has not been studied in people who also take a short-acting [prandial] insulin.
- **It is not known if SOLIQUA 100/33 is safe and effective in children under 18 years of age.**

Important Safety Information

What is the most important information I should know about SOLIQUA 100/33?

Do not share your SOLIQUA 100/33 pen with other people, even if the needle has been changed. You may give other people a serious infection, or get a serious infection from them.

Please see additional Important Safety Information for SOLIQUA 100/33 throughout this PDF.

Please see full Prescribing Information on the <https://www.soliqua100-33.com/> website, where you printed this form.



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Questions to ask: (continued)

- 5 Is SOLIQUA 100/33 right for me? Are there side effects I should be aware of?

- 6 If you prescribe SOLIQUA 100/33, what should I know about the pen? Will my dose change over time?

- 7 If SOLIQUA 100/33 is right for me, when would I take it and what will my routine be like?

Important Safety Information (continued)

SOLIQUA 100/33 can cause serious side effects, including inflammation of the pancreas, which may be severe and lead to death.

Before using SOLIQUA 100/33, tell your doctor if you have had pancreatitis, stones in your gallbladder (cholelithiasis), or a history of alcoholism. These medical problems may make you more likely to get pancreatitis.

Stop taking SOLIQUA 100/33 and call your healthcare provider right away if you have pain in your stomach area (abdomen) that is severe, and will not go away. The pain may be felt in the back area. The pain may happen with or without vomiting.

Who should not use SOLIQUA 100/33?

Do not use SOLIQUA 100/33 if you:

- are having an episode of low blood sugar (hypoglycemia)
- are allergic to insulin glargine, lixisenatide, or any of the ingredients in SOLIQUA 100/33. Symptoms of a severe allergic reaction with SOLIQUA 100/33 may include swelling of the face, lips, tongue, or throat, fainting or feeling dizzy, problems breathing or swallowing, very rapid heartbeat, severe rash or itching, or low blood pressure.

Before using SOLIQUA 100/33, tell your healthcare provider about all your medical conditions, including if you:

- have or have had problems with your pancreas, your kidneys, or your liver, stones in your gallbladder, or a history of alcoholism.
- have heart failure or other heart problems. If you have heart failure, it may get worse while you take thiazolidinediones (TZDs).
- have severe problems with your stomach, such as slowed emptying of your stomach or problems digesting food.
- are taking certain medicines called glucagon-like peptide 1 receptor agonists (GLP-1 receptor agonists).
- have had an allergic reaction to a GLP-1 receptor agonist.
- are pregnant or breastfeeding or plan to become pregnant or to breastfeed. It is not known if SOLIQUA 100/33 will harm your unborn baby or pass into your breast milk.

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Start the conversation with your doctor.

Important Safety Information (continued)

Tell your healthcare provider about all the medicines you take, including all prescription and over-the-counter medicines, vitamins, and herbal supplements. SOLIQUA 100/33 may affect the way some medicines work. **Before using SOLIQUA 100/33, talk to your healthcare provider about low blood sugar and how to manage it.**

How should I use SOLIQUA 100/33?

- Do not change your dose without first talking to your healthcare provider.
- Check the pen label each time you inject to make sure you are using the correct medicine.
- **Do not take more than 60 units of SOLIQUA 100/33 each day.** Do not take SOLIQUA 100/33 with other GLP-1 receptor agonists.
- Only use SOLIQUA 100/33 that is clear and colorless to almost colorless. If you see small particles, return it to your pharmacy for replacement.
- **Change (rotate) your injection sites within the area you chose with each dose** to reduce your risk of getting pitted or thickened skin (lipodystrophy) and skin with lumps (localized cutaneous amyloidosis) at the injection sites. **Do not** use the same spot for each injection or inject where the skin is pitted, thickened, lumpy, tender, bruised, scaly, hard, scarred or damaged.
- **Do not** remove SOLIQUA 100/33 from the pen with a syringe.
- **Do not re-use or share needles with other people. You may give other people a serious infection, or get a serious infection from them.**
- **Check your blood sugar levels.** Ask your healthcare provider what your blood sugar should be and when you should check.

What are the possible side effects of SOLIQUA 100/33?

SOLIQUA 100/33 can cause serious side effects, including:

- **Serious allergic reactions.** Stop taking SOLIQUA 100/33 and get help right away if you have any symptoms of a serious allergic reaction, including swelling of your face, lips, tongue, or throat, problems breathing or swallowing, severe rash or itching, fainting or feeling dizzy, and very rapid heartbeat.
- **Low blood sugar (hypoglycemia). Your risk for getting low blood sugar is higher if you take another medicine that can cause low blood sugar.** Signs and symptoms of low blood sugar may include headache, dizziness, drowsiness, sweating, weakness, irritability, hunger, blurred vision, fast heartbeat, feeling jittery, confusion, and anxiety.
- **Kidney problems (kidney failure).** In people who have kidney problems, diarrhea, nausea, and vomiting may cause a loss of fluids (dehydration), which may worsen kidney problems.
- **Low potassium in your blood (hypokalemia).**
- **Heart failure.** Taking certain diabetes pills called TZDs [thiazolidinediones] with SOLIQUA 100/33 may cause heart failure in some people. This can happen even if you have never had heart failure or heart problems before. If you already have heart failure, it may get worse while you take TZDs with SOLIQUA 100/33. Tell your healthcare provider if you have any new or worse symptoms of heart failure, including shortness of breath, swelling of your ankles or feet, or sudden weight gain. Treatment with TZDs and SOLIQUA 100/33 may need to be adjusted or stopped if you have new or worse heart failure.

The most common side effects of SOLIQUA 100/33 include low blood sugar (hypoglycemia), nausea, diarrhea, upper respiratory infection, stuffy or runny nose, and headache. Nausea and diarrhea usually happen more often when you first start using SOLIQUA 100/33.

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